DEFIANCE, OHIO

June 4, 2026

POWERNEWS

DEFIANCE MISSION STATEMENT…

"One Team – Innovating The Future"

On this day in history (June 4) …

1783 Joseph and Jacques Montgolfier make the first public hot-air balloon flight (unmanned), covering 2 km and lasting 10 minutes with an estimated altitude of 1,600-2,000 m

1812 Louisiana Territory officially renamed "Missouri Territory"

1876 Transcontinental Express arrives in San Francisco, California, via the First Transcontinental Railroad only 83 hours and 39 minutes after having left New York City

1896 Henry Ford drives his first Ford through the streets of Detroit

1912 State of Massachusetts passes 1st US minimum wage law

1917 American men begin registering for the draft

1919 US Congress passes the Women's Suffrage Bill, the 19th Amendment

1934 Dr. Frederick Banting is knighted for the co-discovery of insulin which revolutionized the treatment of diabetes and saved countless lives

1940 1st night baseball game at Forbes Field in Pittsbugh, Pennsylvania, Pirates win 14-2 over the Boston Braves

1944 General Eisenhower cancels planned D-Day invasion on June 5th after receiving unfavorable weather reports

1947 US House of Representatives approves Taft-Hartley act

1973 Patent for the ATM is granted to Don Wetzel, Tom Barnes and George Chastain

1974 NFL grants franchise to Seattle Seahawks

1984 Columbia Records releases Bruce Springsteen's seventh studio album "Born in the USA," his biggest commercial success that topped the charts in 11 countries and sold over 30 million copies worldwide

1984 DNA is successfully cloned from an extinct animal

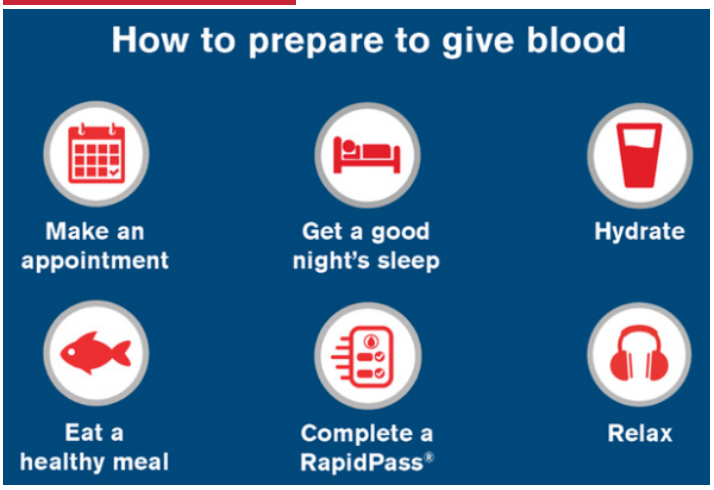
1990 Dr Jack Kevorkian assists an Oregon woman to commit suicide, beginning a national debate over the right to die

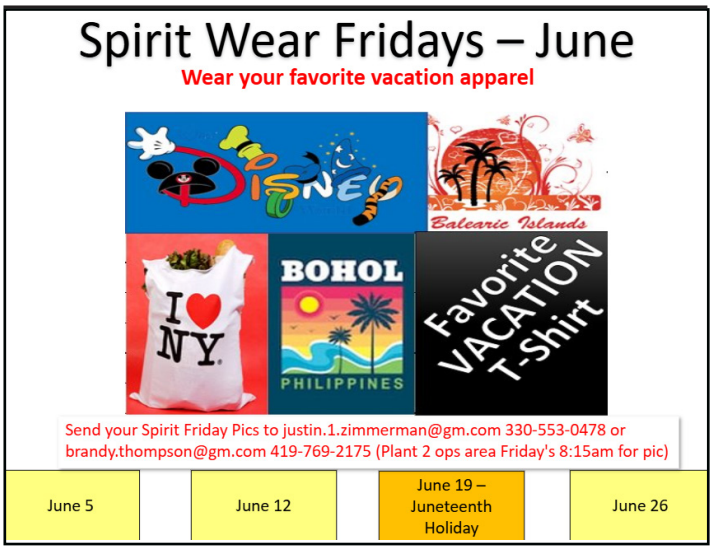
1990 Greyhound Bus files bankruptcy

1992 USPS announces 1.2 million people voted to choose the artwork on their Elvis Presley stamp, with 75% preferring a portrait of young Elvis over old Elvis

2018 Former US President Bill Clinton and James Patterson publish a thriller novel "The President is Missing" together *By On This Day in History*

The Red Cross will be onsite Tuesday, June 9, 2026. To donate blood contact Heather Troyer.



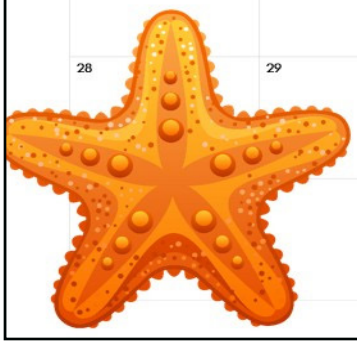


Saf-Gard Shoe Truck will be onsite Thursday, June 25 @ 6 am-10:30 am & 11:30 am-4 pm

10:30 - 11:30 am Shoe Truck will be closed for lunch.

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 The Garage (Day 2) 12-2AM 10-1PM 530-8P	3	4	5 Rollin' Sweets (Day 5) 12-2AM 10-1PM 530-8P	6
7	8	9	10 Sabrosa Taco Truck (Day 3) 12-2AM 10-1PM 530-8P	11 The Tamale Guy 10-1PM 530-8P	12 The Tamale Guy (Day 5) 12-2AM	13
14	15	16 Pavis Subs & Beyond 10-1PM 530-8P	17 Pavis Subs & Beyond (Day 3) 12-2AM	18	19 JUNETEENTH	20
21	22	23	24 Chopp Boxx 10-1PM 530-8	25 Chopp Boxx (Day 4) 12-2AM	26 Sabrosa Taco Truck (Day 5) 12-2AM 10-1PM 530-8P	27
28	29	30				



Veteran of the Month Parking

Honoring Our Heroes

Congratulations to our **JUNE**
Veteran of the Month recipient

Mark Vandenburg

Let's celebrate our veterans and their dedication—
both to our country and our workplace.

- Selection Process:
  - A **random** drawing is held each month to select the Veteran of the Month from the pool of eligible employees. Please confirm your eligibility with Mary Boyd, Joy Vogelsong or Crystle Hagler

P ***Look for Veteran of the Month signs in Plant 1 and Plant 2 adjacent to 10-min parking***

COLA Update for Seniority Hourly Employees

Effective June 1, 2026

COLA increases from

$1.18 to $1.73

Under the 2023 UAW-GM National Agreement, the cost-of-living allowance (COLA) for seniority employees is calculated quarterly using the Consumer Price Index for Urban Wage Earners and Clerical Workers.

- COLA is applied to straight time earnings
- Also used when computing overtime premiums, shift differentials, paid time off, and call-in pay
- This adjustment will appear in the **June 12, 2026** paycheck

Questions? Contact GM Corporate Labor at corporatelabor@gm.com

Onsite Biometric Health Screening

Preventative Health Screenings

***Results available immediately. Does NOT require fasting.**

Thursday, June 18

9 AM – 3:30 PM | Cafeteria | Plant 2

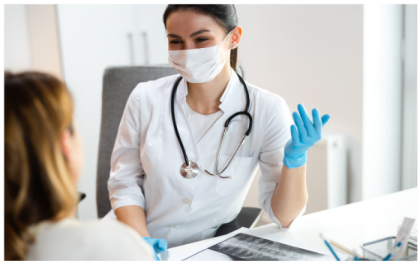
BEFORE attending your screening:

1. Go to **lifesteps.com**
2. Register for LifeSteps
3. Complete your 2026 Health Assessment
4. Scan the QR code to register

Register Now!

Screening Includes:

- Blood Pressure
- Total Cholesterol
- HDL "good" cholesterol
- Glucose
- Results Review



Questions? Contact your LifeSteps Program Coordinator
Petronela Burr | 419.779.4195 | petronela.burr@gm.com

The LifeSteps Wellness Program is offered to all GM U.S. hourly employees and their dependents age 18 and older. The Program is also available to all GM U.S. salaried employees, including their enrolled dependents age 18+ in the U.S. Salaried Medical Plan. GM contract workers are not eligible to participate in the LifeSteps Wellness Program.

DRIVING MY WELLNESS

Men's Health

Life can get hectic, and when it does, your health often takes a back seat. But staying on top of it doesn't have to be overwhelming. With just a few intentional choices, you can keep things on track for the future.

You Matter Most

LifeSteps can help you put your self-care first.

Get started at ww.LifeSteps.com

Did you know? Over 40% of men skip annual physicals, often waiting until symptoms appearinstead of focusing on preventive care.

Begin with the Basics

Having a doctor isn't just convenient—it's key for personalized care. Annual physicals with an in-network provider are covered at 100%, making it easy to stay on top of your health.

Preventive screenings – Regular checks for blood pressure, cholesterol, diabetes, colon cancer, and prostate cancer can catch issues early. Ask your doctor which tests are right for you.

Mental health – Stress, anxiety, burnout, and depression are real challenges that many men face. Therapy, counseling, or talking to someone you trust can help.

✅ **Take the next step:** Schedule your annual physical and talk with your doctor about recommended screenings and support.

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