

DEFIANCE, OHIO



May 28, 2026

POWERNEWS

DEFIANCE MISSION STATEMENT...
“One Team – Innovating The Future”

On this day in history (May 28) ...

1923 US Attorney General says it is legal for women to wear trousers anywhere

1928 American automobile makers Dodge Brothers Inc. and Chrysler Corporation merge

1946 First night game at Yankee Stadium (Senators 2, Yankees 1)

1946 Manuel Roxas is inaugurated as the last President of the Commonwealth of the Philippines

1952 The women of Greece are granted the right to vote

1959 Monkeys Able and Baker travel 300 miles (500 km) into space aboard a Jupiter missile and return safely to Earth as the first animals retrieved alive from a space mission

1967 Sailor Francis Chichester arrives home at Plymouth, England, after circumnavigating the globe solo in his yacht Gipsy Moth IV, the first to do so

1968 Fantasy Records releases the self-titled debut album by American rock band Creedence Clearwater Revival, featuring their first hit single, a cover of Dale Hawkin's "Susie Q"

1968 MLB: AL announces it is splitting into 2 divisions

1968 MLB: NL grants San Diego Padres a franchise

1971 Paul McCartney releases his second solo album, "Ram"

1971 USSR launches Mars 3; becomes the first spacecraft to soft land on Mars December 2

1972 White House "plumbers" first break in at the Democratic National Headquarters and install listening devices at Watergate Complex in Washington, D.C.

1983 Rock guitarist Slash first hears Axl Rose singing with the band Rapidfire at Gazzarri's On The Sunset Strip, in Los Angeles, California

1999 Leonardo da Vinci's masterpiece "The Last Supper" is put back on display in Milan, Italy, after 22 years of restoration work

2023 Surgeons complete the world's first whole eyeball transplant with a partial facial transplant for a US veteran lineman injured in an accident at NYU Langone Health

By On This Day in History



The Red Cross will be hosting a blood drive at the plant on Tuesday, June 9, 2026. To donate blood contact Heather Troyer.



Spirit Wear Fridays – May
 Wear Green for Mental Health Awareness



MENTAL HEALTH AWARENESS MONTH

YOU ARE NOT ALONE

MENTAL HEALTH AWARENESS MONTH

Send your Spirit Friday Pics to justin.1.zimmerman@gm.com 330-553-0478 or brandy.thompson@gm.com 419-769-2175 (Plant 2 ops area Friday's 8:15am for pic)

May 1	May 8	May 15	May 22	May 29
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Precision Sand Mod 4 Molten Delivery

*Saturday, May 30th 2026 through Monday, July 13th 2026

Mod 4 Stack Melter will be down for repairs starting May 30th, 2026 for approximately 6 weeks. To meet our customer's requirements and support GM's truck production, molten metal from Mod 1 and South Reverb will be transported by truck to Mod 4 using the same equipment that was used to deliver molten metal. A lead vehicle will be utilized to escort the molten delivery truck (HMT) while traveling with a load. **Remember - The HMTs will have the right of way at all times.**

To further reduce exposure, traffic patterns for mobile equipment will be changed to eliminate mobile equipment not involved with Mod 4 Stack Melter Repair to use the aisle North of Mod 4 Stack Melter/EM Furnace and aisle south of Mod 4 Finishing (see attached map). Please be patient and follow the routes that are communicated to you. This is for everyone's safety.

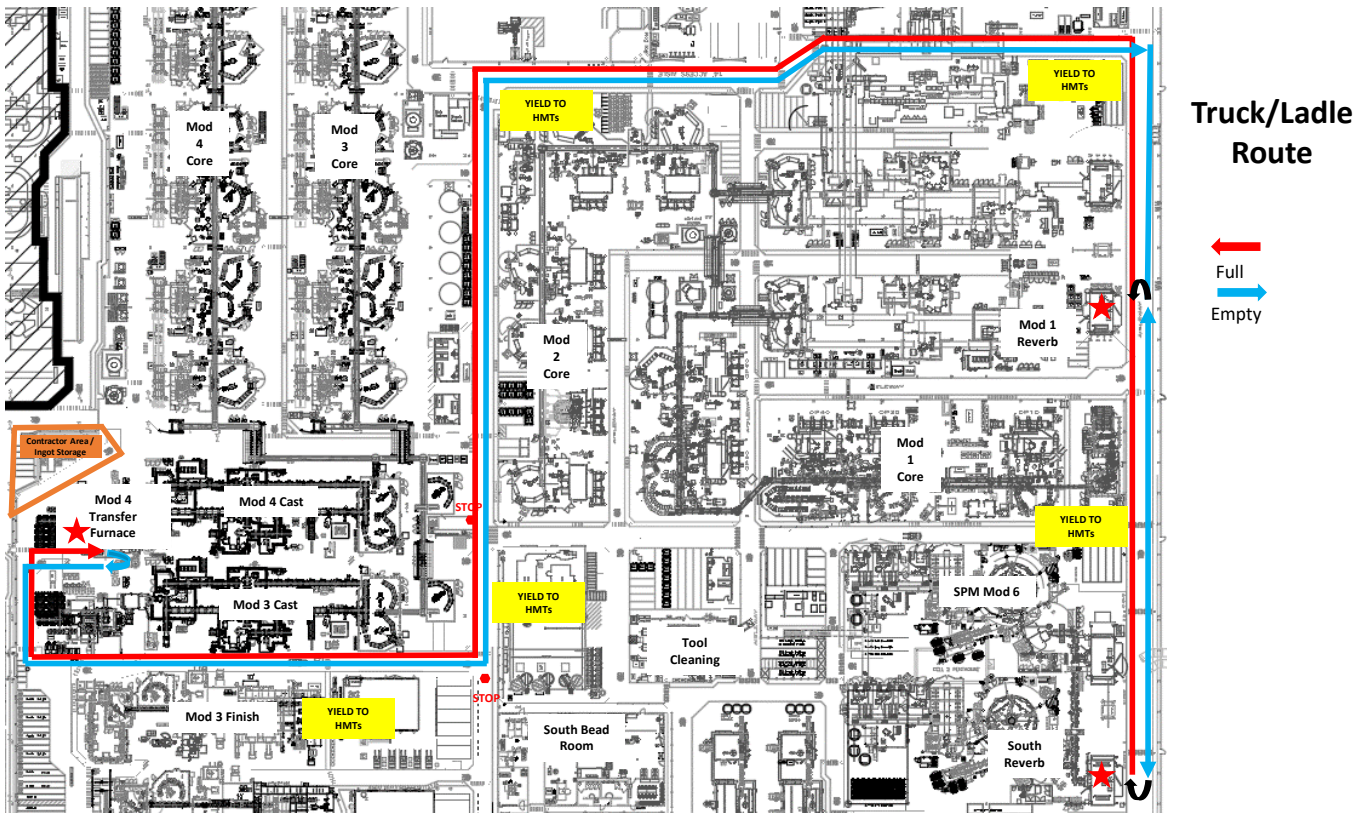
Pedestrian traffic patterns have not changed. It is imperative that pedestrians walk in designated pedestrian aisles and follow procedures. **Remember - The HMTs will have the right of way at all times.** These trucks are very heavy and will not stop on a dime, as designed, to avoid splashing molten metal out of the ladle.

This is a temporary plan that is scheduled to support production on Mod 4 starting on Saturday, May 30th, 2026 through Monday, July 13th, 2026 approximately 6 weeks. The same attention to detail used during the previous campaigns will make this campaign just as successful. Your cooperation is appreciated.

Lead Vehicle



Hot Metal Truck (HMT)



Suggestion QR Code



1. Scan QR Code
2. Use your GM Socrates Login info
3. Follow the prompts on the screen

DEFIANCE UNIFORM REP PHONE NUMBER

 **Chris Rigby**
(419)-389-7409

**Text or Call Chris directly with any issues. Texting is best.*

Prioritizing yourself

It helps you show up fully in all areas of your life, boosting your energy, reducing stress, and lowering your risk of illness.

- **Make it personal:** Identify your values and focus on fulfilling habits - like family time and self-improvement.
- **Narrow down the essentials:** Simplify your routine with habits that reflect your values like screen-free evenings, short walks, healthy snacks, or a consistent bedtime.
- **Schedule your well-being:** Block time for your mental, emotional, and physical well-being like any other appointment – morning yoga, after-work walks, meditation, or a library visit.
- **Create boundaries:** Set clear limits with work, family, or friends to reduce stress. Lean on supportive people to stay accountable.



General Motors

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Source: [nimh.nih.gov](https://www.nlm.nih.gov)

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Creating a self-care checklist

This helps manage stress and support overall health. Prioritizing small, consistent acts of self-care can boost happiness, improve physical well-being, and enhance mental clarity.

Tips for success:

- **Prioritize:** Set daily time for self-care and stick to it.
- **Keep it simple:** Avoid overwhelming yourself with too many activities.
- **Be flexible:** Adjust your checklist as your needs change.
- **Stay accountable:** Share your progress with a friend or family members.
- **Be kind:** Don't be hard on yourself if you miss a day - self-care is a journey.



General Motors

Confidential

Source: [nimh.nih.gov](https://www.nlm.nih.gov)

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Shoe Mobile Schedule

2026

*Reminder:
The Shoe Truck will
be closed for lunch from
10:30 - 11:30 a.m.*



Red Wing

6 a.m.-10:30 a.m.,
11:30-4 p.m.

Saf-Gard

6 a.m.-10:30 a.m.,
11:30-4 p.m.

January 20th	January 22nd
February 24th	
April 21st	March 3rd
	April 16th
	May 21st
	June 25th
July 21st	August 18th
October 20th	October 29th
	December 10th

A limited number of boots are available in the GSC office in the crib for emergencies.

In addition, employees may:

- 1) Obtain a shoe authorization form from Alex English or Cameron Harris and take it to a Red Wing or Saf-Gard store
- 2) Order from the catalogs in the crib office
- 3) Contact Alex for any special needs.

Alexandria English
419-784-7271
419-770-9446



Recognition Update!

We're enhancing our Recognition Program with additional reward options! Along with Avanti Bucks and the GM Pint Glass, team members may now receive a cup, water bottle, ball caps, or an umbrella.

Please note: quantities are limited, and items will be distributed as part of our current recognition program with all entries logged in SharePoint.

Thank you for continuing to recognize great work across the plant!

After recognition is logged in SharePoint - See Curtis Switzer in the Plant 2 Quality Systems office to get one of these items.



OPEX Recognition Rewards Program

Our Operational Excellence Rewards Program resets each year. We've made some updates this year!

We encourage all team members to submit their OPEX projects to qualify for the rewards listed on this page. Let's strive for excellence together!

To ensure that projects are accounted for, please submit them to Curtis Switzer in the Quality Systems Office in Plant 2.

3 Completed Projects = \$5 Avanti Certificate / OpEx Pint Glass

5 Completed Projects = OpEx Hat or Straight 8 or GM Tumbler
Limited Qty

8 Completed Projects = Lunch of your choice

10 Completed Projects = OpEx Polo or OpEx T-Shirt



AWARELINE

Report with Confidence.

Empower Integrity.

1-800-244-3460

Tonya Huss Communication Coordinator
tonya.huss@gm.com 419-784-7727



Kevin Nadrowski Communication Manager
kevin.1.nadrowski@gm.com 313-498-5464