

DEFIANCE, OHIO



February 26, 2026

# POWERNEWS

Defiance Mission Statement...

**"ONE TEAM - INNOVATING THE FUTURE"**

**On this day in history (February 26) ...**

- 1616 The Roman Inquisition delivers injunction to Galileo demanding he abandon his belief in heliocentrism, which states the Earth and planets revolve around the Sun
- 1869 US 15th Amendment guaranteeing right to vote sent to states to ratify
- 1870 Beach Pneumatic Transit - 1st attempt to demonstrate a subway in New York opens (pneumatic powered)
- 1895 Michael Owens of Toledo, Ohio, patents a glass-blowing machine to make glass bottles
- 1907 US Congress raise their own salaries to \$7,500
- 1916 Mutual signs Charlie Chaplin to a film contract
- 1919 US Congress establishes Grand Canyon National Park in Arizona
- 1929 US President Calvin Coolidge establishes Grand Teton National Park
- 1930 1st red & green traffic lights installed in Manhattan, NYC
- 1933 Golden Gate Bridge groundbreaking ceremony held at Crissy Field
- 1936 Adolf Hitler introduces Ferdinand Porsche's "Volkswagen"
- 1944 First female US Navy captain, Sue Dauser of the Nurse Corps, appointed
- 1970 The Beatles release "Hey Jude" compilation album in US (originally to be titled "Beatles Again")
- 1975 1st televised kidney transplant (Today Show)
- 1977 1st flight of Space Shuttle (atop a Boeing 747)
- 1983 Michael Jackson's "Thriller" album goes #1 and stays #1 for 37 weeks
- 1987 NBA's Michael Jordan's 58 points in one game is a Chicago Bulls franchise record
- 1989 NFL Dallas Cowboys fire coach Tom Landry after a 29-year career
- 1993 "World Trade Center bombing of 1993": truck bomb explodes in parking garage of NYC World Trade Center at 12:18pm, killing 6 and injuring over 1,000 in what was the deadliest act of terrorism perpetrated on US soil at the time
- 2023 Winter storm deposits snow in parts of southern California for the first time in decades, down to 1,000 feet elevation, with snow accumulations up to 7 feet deep in San Bernardino Mountains [1]
- 2025 First death from measles in the US occurs in

Texas in a decade, and the first child to die in 22 years amid an outbreak affecting 124 people

*By On This Day in History*



**VOLUNTEERS NEEDED!**

Join Your GM Team at the  
**Ronald McDonald House Event!**

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**FEBRUARY 28, 2026**

**VOLUNTEERS NEEDED AT 4:00 PM**

Join Your GM Team in Giving Back  
and Help Families in Need!



Join Your GM Team in Giving Back  
— and Help Families in Need! —

**SIGN UP TO VOLUNTEER!**  
CONTACT YOUR SUPERVISOR FOR DETAILS



**LOCK OUT FOR SAFETY**



**Shortcuts Cause Accidents**

# Veteran of the Month Parking

## *Honoring Our Heroes*

- **Beginning in November**, we are proud to announce the addition of Veteran of the Month Parking Spaces in both Plant 1 and Plant 2.
- These designated spots are a small way to show our appreciation for the brave men and women who have served our country.
- Each month, a veteran will be recognized and honored with a reserved parking space.
- **Who Is Eligible?**
  - Any employee who is a U.S. military veteran. Please confirm your eligibility with Mary Boyd, Joy Vogelsong or Crystle Hagler
- **Selection Process:**
  - A **random** drawing will be held each month to select the Veteran of the Month from the pool of eligible employees.

Let's celebrate our veterans and their dedication—  
both to our country and our workplace.

**P** Look for Veteran of the Month signs in Plant 1 and Plant 2 adjacent to 10-min parking

**Jaun Silva is the March recipient.  
Congratulations Jaun and thank you for your service.**

## Cardiovascular Exercise

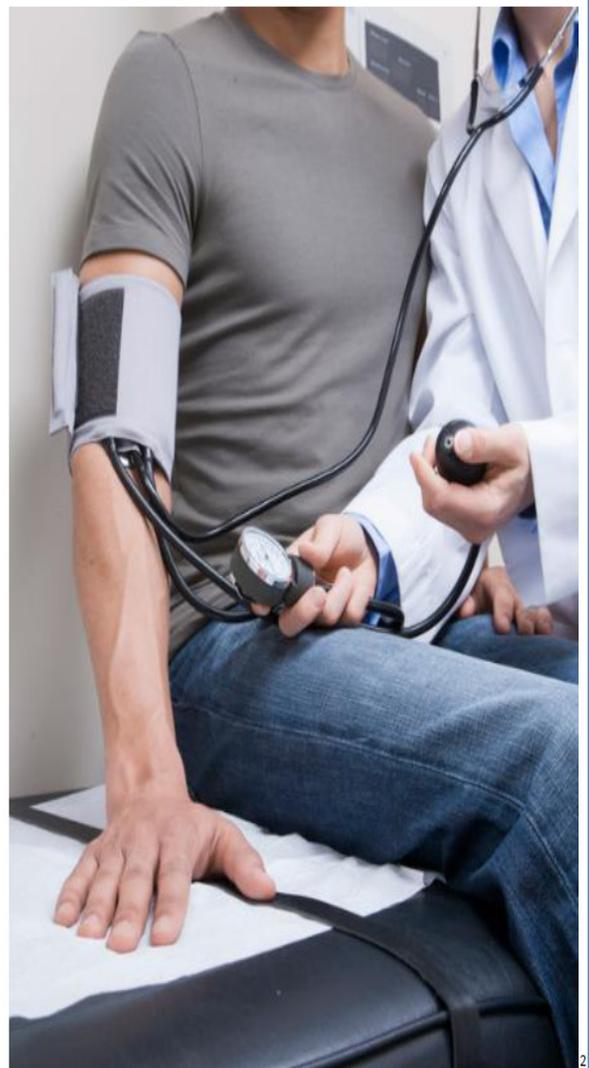
Cardiovascular activity strengthens the heart by improving its ability to pump blood more efficiently and increasing overall circulation.

### Benefits:

- Decrease blood pressure
- Improve glucose tolerance
- Decrease LDL "bad" and total cholesterol
- Increase HDL "good" cholesterol

### Gauging Intensity:

- "**The Talk Test**" can be a simple way to gauge cardio intensity
  - **Low Intensity** – Carry a conversation easily
  - **Moderate Intensity** – Slightly winded when conversing
  - **High Intensity** – Unable to hold a conversation



## Heart Health Benefits of Dark Chocolate



PRESENTATION TITLE

## GM Defiance Wellness Message: Dark Chocolate & Heart Health

### Heart Health Benefits

Dark chocolate contains high flavanol levels that support vascular health and improve blood flow for heart wellness.

### Lower Sugar Content

Compared to milk chocolate, dark chocolate has less sugar, reducing blood sugar spikes and excess calorie intake.

### Nutrient Density

Dark chocolate provides beneficial minerals like iron, magnesium, copper, and zinc important for metabolism and circulation.

### Moderation Importance

Despite benefits, dark chocolate is calorie dense and should be consumed moderately to avoid weight gain.

FEBRUARY 16, 2026

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At **GM**, our product safety strategy aligns with how crashes occur in the real world, with technologies designed to **protect customers** before, during and after a crash.

*To learn more about GM's vehicle safety visit:*

[www.gm.com/our-stories/vehicle-safety.html](http://www.gm.com/our-stories/vehicle-safety.html)

Did You Know:  
**Safety is**  
a foundational  
commitment

Customer safety is a  
**24/7 priority**  
for everyone

To report an issue: Hotline: 877-866-7776 / Email: [gmspeakupforsafety@usa.g4s.com](mailto:gmspeakupforsafety@usa.g4s.com)

## PLANT SAFETY REVIEW BOARD/February 26, 2026

8:45 am

VISITORS – Michael Grahn

SAFETY OPENER – Mike presented slides – February is Heart Health Month, and 7 days of Self-Care which discussed themed days for healthy activities/meals

INCLUSION MESSAGE

Mike B. read this month's inclusion message – a quote from Martin Luther King Jr.

LEVEL 1 BPD REVIEW

Mike B. reviewed Level 1 BPD YTD – we are green

SAFETY UPDATE

Mike B. reviewed Green Cross chart for January

Mike B. reviewed the Recordable Incident Rate. At 0 for the year. 2026 Target 3.14

Mike B. reviewed the LWD cases. At 0 for the year. 2026 Target .48

Mike B. reviewed the Total Incident Rate. At 0 through January.

Strains and Sprains is the highest for January at 2

Reviewed the Leading Indicators for January. Have 74 SOT findings.

OPEN SIR/SOT CORRECTIVE ACTION OVER 30 DAYS

Mike B. reviewed the open items. Have no SIR's and 160 SOTs over 30 days

EMPLOYEE SAFETY CONCERNS

Brian reviewed an update to 1st open ESCs over 30 days. There are 2.

Mark will follow up on the 2nd

OPEN H&S PM'S

Alan reviewed January at 100% and on track for February at 89.86%

OPEN CALL TO ACTIONS

Mike B. discussed the open GCTA at 1. Regional CTA 26-102 @ Silao

CAP TRACKER

Mark- no open items at this time, but several due at the end of the month. Reminder email was sent out. Mark reminded everyone of 2026 initiative to not extend due dates

CORITY

No updates in Cority. Transitioning back to Intalex in June

WSS UPDATES

Mike B. covered the 1.1 Policy update.

GM's SAFETY CULTURE ASSESSMENT

Mike B. No updates

TRAINING UPDATES

Regina reviewed the current training status - ESWP (13R 10Y), Mobile Crane (6R 2Y), Bloodborne (2R 3Y), First Aid (37R 2Y), CPR (34R 1Y), Respirator (49R 96Y), Roof (8R 36Y), Aerial Lift (7R 5Y), Truck (6R 18Y)

Graeme will be teaching T3 Fall Hazard in March

## STANDING COMMITTEE REPORTS

No Updates

IH UPDATE

Clif reviewed 2026 Sample Plan- at 164

15 Total samples taken with 1 pending result

Carbon Monoxide – 14 samples

Silica – 1 sample

Personal samples over GM OEL or AL (Jan/Feb)

None

2026 Sample Plan (Feb/Mar)

- PSand Mod 1-4 Op 170 Finishing – Respirable Metals
- PSand Cast/Melt area - Phenol/Cresols
- SPM Cast/Melt area – Coal Tar Pitch Volatiles
- SPM Finishing – Silica
- Premachine Blocks/Heads – Machining Fluid, Petroleum Distillates
- MAU velocity checks
- Continue any additional area and personal sampling as needed

ERGONOMICS UPDATE

John reviewed there are no open incidents.

WORKPLACE SAFETY SYSTEM ANNUAL PROGRAM EVALUATION REPORT OUT

PS 17 Fire & Explosion Prevention – Stephen Baldwin –

- Loss Prevention Audit – 3 react items
- Fall Committee – Nathaniel Hathaway
- Members- Gary Hoehn, Greg Macsray, Rick Boecker, Tony Fairchild, Gary Thornell, Jeff Gallegos, Mike Brunty, Graeme Bockrath, Brian Kempe, Nathaniel Hathaway, John Rupp, & Ryan Holt
  - The Committee is lead by Gary Hoehn – Champion, Nathaniel Hathaway – Lead Salary Support, Graeme Bockrath – Lead UAW Support
  - The Committee meets on the 4th Wednesday of every month at 1:30PM in the Plant 1 Safety Conference Room
- PIV Committee – Mary Boyd
- The Defiance PIV Committee consists of the following members; Mary Boyd, Michael Brunty, Rick Boecker, John Lehman, Brandon Johnson, Mark Vandenburg, Shelly Grant, Dalton Teeter, Danny Maynard, Steve Rieger, Steve Porter, Graeme Bockrath, and Ed Hogan.
  - The Committee is lead by Mary Boyd– Champion, Brian Kempe (3/1/26) – Lead Salary Support, Graeme Bockrath – Lead UAW Support

UNRESOLVED HEALTH AND SAFETY ISSUES

Rick- None

ROUNDTABLE

None

9:13 am

