

DEFIANCE, OHIO



July 24, 2025

# POWERNEWS

Defiance Mission Statement...

**"ONE TEAM - INNOVATING THE FUTURE"**

**On this day in history (July 24)....**

- 1683 1st settlers from Germany to US, leave aboard Concord
- 1684 Expedition to establish French colony in Louisiana leaves La Rochelle with four ships led by René-Robert Cavelier, Sieur de La Salle (expedition is disastrous with only 15 survivors)
- 1701 French trader and soldier Antoine de la Mothe Cadillac founds trading post at Fort Pontchartrain, later becomes the city of Detroit
- 1793 France passes first copyright law
- 1799 William Clark is willed the slave York, who would go on to accompany him and play an important role in the Lewis and Clark Expedition
- 1824 Harrisburg Pennsylvanian newspaper publishes results of 1st public opinion poll, with a clear lead for Andrew Jackson
- 1832 Benjamin Bonneville leads the first wagon train across the Rocky Mountains through Wyoming's South Pass
- 1847 Brigham Young and his Mormon followers arrive at Salt Lake City, Utah
- 1847 Rotary-type printing press patents received by Richard March Hoe, NYC
- 1851 The long-hated Window Tax, levied based on the number of windows in a dwelling, is abolished in the United Kingdom
- 1866 Tennessee becomes 1st Confederate state readmitted to Union
- 1870 First trans-US rail service begins
- 1880 First commercial hydroelectric power plant in the world begins generating electricity in Grand Rapids, Michigan
- 1911 American explorer Hiram Bingham rediscovers Machu Picchu, the Lost City of the Incas
- 1915 Excursion ship Eastland capsizes in Lake Michigan,

852 die

- 1948 Marvin the Martian, Warner Bros. cartoon character created by Chuck Jones and Michael Maltese (Looney Tunes and Merrie Melodies series), first debuts in "Haredevil Hare"
- 1967 First modern hospice, St. Christopher's, is founded by Dr. Cicely Saunders in London, beginning modern palliative care and the hospice movement
- 1969 At 12:51 EDT, Apollo 11 returns to Earth after taking the first astronauts to the Moon and returning them safely
- 1982 Single "Eye Of The Tiger" by Survivor from "Rocky III" soundtrack starts 6-week run at #1 on US charts (Grammy for Best Rock Performance)
- 1984 "Careless Whisper" single released by George Michael (credited in US to Wham!) (Billboard Song of the Year 1985)
- 1998 "Saving Private Ryan", directed by Steven Spielberg, starring Tom Hanks, Edward Burns and Matt Damon, is released (Academy Awards Best Director 1999)
- 2005 92nd Tour de France: no winner; Lance Armstrong retires after winning a record seventh consecutive victory but disqualified in 2012 for doping
- 19-year-old Hungarian swimmer Kristóf Milák breaks Michael Phelps' 10-year-old 200m butterfly world record at the World Championships in Gwangju, South Korea; swims 1:50.73, 0.78s faster than Phelps
- 2019 Facebook agrees to pay \$5 billion fine, largest ever for violating consumer privacy, to the US Federal Trade Commission
- 2024 Wildfire destroys much of the Canadian historic town of Jasper, Alberta, inside the Jasper National Park

*By On This Day in History*



A photo Hiram Bingham took in 1911 after discovering the ancient Inca citadel of Machu Picchu

## Spirit Wear Fridays – July

4<sup>th</sup> of July – Red, White and Blue



Peace \* Love \* America



Send your Spirit Friday Pics to [Jeremiah.Fleischman@gm.com](mailto:Jeremiah.Fleischman@gm.com) 419-769-1859, [justin.1.zimmerman@gm.com](mailto:justin.1.zimmerman@gm.com) 330-553-0478 or [eric.rogers@gm.com](mailto:eric.rogers@gm.com) 716-857-1045

July 4

July 11



July 18

July 25



# 2025 UNCF Vehicle Raffle

Friday, 7/25/25 last day to purchase tickets!



## Grand Prize: 2025 Chevy Trax LT, Trailblazer LS or \$20,000 Cash

- Drawing will take place August 16, 2025, at the UNCF 5K Walk Event
- If 1600 tickets aren't sold by the date of the raffle, it reverts to a 50/50 raffle
  - Proceeds to benefit the UNCF
- The winner can select a vehicle with standard color or standard options. Upgrades & taxes to be paid by the winner
  - \$20.00 per ticket (Cash or Check ONLY)
  - Checks must be payable to SMOFI

*Local Ticket Contact:*  
 Please see: Ed Hogan, Roger Grigsby, Eric Rogers, and LaWanda Blessingame



## Second quarter 2025 business results: What you need to know

"Our second quarter earnings highlight the strength of GM's brands, technologies and services, and the creativity and resilience of our global team. I'm grateful for everyone's contributions – our employees, dealers, and suppliers. We demonstrated once again that great vehicles and consistent execution drive results."

**Mary Barra**  
 Chair and CEO

### Total Company Results

	Q2 2025	Q2 2024
EBIT-adjusted	\$3B	\$4.4B
EBIT-adjusted Margin	6.4%	9.3%
Adjusted Automotive Free Cash Flow (AAFCF)	\$2.8B	\$5.3B
Adjusted Earnings Per Share (EPS)	\$2.53	\$3.06

# FITNESS CENTER REPAIR!

See a machine in need of repair? Please scan the QR code outside of the "IN" door -> Rate it a 1 with a description of what needs repaired!

1



2

Restroom Cleanliness Feedback  
 GM\_PLT1\_DEF\_FITNESS\_CENTR

\* Required

1. Please rate the condition of this Restroom.

★☆☆☆☆

1 Star : Poor.  
5 Stars : Excellent.

2. Additional Feedback (optional)

Enter your answer

Stair Climber not working



## JULY FOOD TRUCK SCHEDULE!

2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
	1	2	3	4 ★ ★ <i>Holiday!</i> ★	5/6
7	8	9 <b>La MICHoacana</b> 10-1PM 530-8PM	10 <b>La MICHoacana</b> (Day 4) 12-2	11	12/13
14	15 <b>LOADED GASTRO</b> 10-1PM 530-8	16 <b>LOADED GASTRO</b> (DAY 3) 12-2AM	17	18	19/20
21	22 <b>WILLOW Lane KITCHEN</b> 10-1PM 530-8	23 <b>WILLOW Lane KITCHEN</b> (Day 3) 12-2AM	24 <b>THE TAMALE GUY</b> 10-1PM 530-8PM	25 <b>THE TAMALE GUY</b> (Day 5) 12-2AM	26/27
28	29	30 <b>wanna Make'er Loaded</b> (DAY 3) 12-2AM 10-1PM 530-8	31		



**Tonya Huss** UAW Communication Coordinator [tonya.huss@gm.com](mailto:tonya.huss@gm.com)



**Kevin Nadrowski** Communication Manager [kevin.1.nadrowski@gm.com](mailto:kevin.1.nadrowski@gm.com)



Scan the QR Code to get started  
in the LifeSteps Portal today!



# PREVENTIVE HEALTH HABITS



## Quit Smoking or Vaping

Quitting smoking or vaping or never starting in the first place greatly reduces the risk of developing severe health issues such as heart disease, cancer, type 2 diabetes, lung disease, and premature death, even for long-time smokers.



## Eat Healthy

Maintaining a healthy diet plays an important role in preventing, delaying, and managing chronic diseases like heart disease and type 2 diabetes. A well-balanced and nutritious eating pattern comprises a wide range of fruits, vegetables, whole grains, lean proteins, and low-fat dairy products. It also involves minimizing the intake of added sugars, saturated fats, and sodium.



## Exercise Regularly

Incorporating regular physical activity into your routine can significantly contribute to preventing, delaying, or managing chronic diseases. Aim for moderate-intensity activities such as brisk walking or gardening for at least 150 minutes per week and muscle-strengthening activities at least two days per week to enhance overall health and well-being.



## Reduce Alcohol Intake

Consistently consuming alcohol in excess can result in several adverse health effects over time, including high blood pressure, various cancers, heart disease, stroke, and liver disease. Limiting alcohol intake helps mitigate these health risks.



## Get a Health Screening

For the prevention or early detection of chronic diseases, make it a habit to schedule regular visits to both your doctor and dentist for preventive care services. You can also stop by a LifeSteps Biometric Screening.



## Get Enough Sleep

Not getting enough sleep has been tied to the onset and ineffective management of conditions like diabetes, heart disease, obesity, and depression. It's recommended that adults aim for a minimum of 7 hours of sleep to support overall health and well-being.



## Wash Your Hands

Keeping hands clean is one of the most important steps to avoid getting sick and spreading germs to others. For at least 20 seconds, lather hands by rubbing them together with soap; make sure to include nails, between fingers, and the back of hands.