

POWER*NEWS*

Defiance Mission Statement...

December 5, 2024

"ONE TEAM - INNOVATING THE FUTURE"

On this day in history (December 5)....

1766 World's largest auction house - Christie's hold their first sale in their permanent saleroom in Pall Mall, London

1776 First US fraternity, Phi Beta Kappa (William & Mary College), forms

1792 George Washington re-elected as US President

1848 US President James K. Polk triggers the Gold Rush of 1849 by confirming a gold discovery in California

1854 Aaron Allen of Boston patents folding theater chair

1876 Daniel Stillson of Massachusetts patents 1st practical pipe wrench

1879 1st automatic telephone switching system patented

1893 Electric car built at the Dixon Carriage works in Toronto, could go 15 miles between charges

1908 1st US football uniform numerals used (University of Pittsburgh)

1932 German physicist Albert Einstein granted a visa to enter America

1933 Prohibition ends in the US at 5:32 PM EST when the 21st Amendment to the US Constitution is ratified, repealing the 18th Amendment

1945 Flight 19, the "Lost Squadron" of five torpedo bombers and 14 airmen, is lost east of Florida in the supposed Bermuda Triangle 1946 US President Harry Truman creates Committee on Civil Rights by Exec Order #9808

1952 Great Smog of London (England): Killer fog creeps in, as still winds and cold temperatures cause pollution fueled by coal smoke to stagnate; lasting 4 days, over 8,000 deaths attributed to conditions

1955 Historic bus boycott begins in Montgomery, Alabama by Rosa Parks and other civil rights activists

1955 Montgomery Improvement Association formed by Ralph Abernathy, Martin Luther King Jr. and Edgar Nixon to support the Montgomery bus protest in Montgomery, Alabama

1957 NYC is first US city to legislate against racial or religious discrimination in housing market (Fair Housing Practices Law)

1958 WTOL TV channel 11 in Toledo, OH (CBS) begins broadcasting

1964 Captain Roger Donlon is awarded the first Medal of Honor of the Vietnam War for successfully repelling a large Viet Cong attack 1974 NFL's Seattle Seahawks forms

1982 NFL Cleveland Browns' Brian Sipe sets club record with 33 pass completions

2008 Former NFL star O.J. Simpson is sentenced to 33 years in prison for kidnapping and armed robbery

2018 Letter by Albert Einstein from 1954 on concept of religion sells for \$2.9 million at Christie's in New York

2018 US state funeral for former president George H. W. Bush, eulogy by George W. Bush, attended by President Donald Trump predecessors Barack Obama, Bill Clinton and Jimmy Carter

By On This Day in History

Supporting Our Local Community

The GM Community Impact Grants (CIG) Program is back this year at GM Defiance. Today, on behalf of GM Corporate Giving, joint leadership met with representatives from two local nonprofits, and we shared \$60,000 in grants to these great organizations.

This year's grants are aimed at supporting nonprofits providing STEAM education and road safety programming throughout the local community. Grant funds will provide support to the following organizations:

United Way of Defiance County Northwestern Ohio Community Action Commission

We appreciate the opportunity to support these local organizations and their shared mission in strengthening this community we call home. We encourage you to learn more about these organizations and we appreciate the role you play in GM supporting causes like this.





REDUCING HOLIDAY STRESS

The holiday season can bring joy to many by providing the opportunity to spend time with family and friends. The holidays can also be stressful for others. The pressure of spending money, gift sharing, or family changes like the loss of a loved one can be stressful and make the holidays a little less joyous. Whatever the causes of your stress are, there are a few things you can do to reduce and manage it.

Identify what triggers stress for you during the holidays and then focus on one or two ways to manage the stress.



If money is a stressor:

 Set a spending limit. Set a budget, and don't go over it. It is okay to say no to an item that is outside your budget.

If time is a stressor:

- Organize your days by making a daily to-do list, or use an appointment book to keep track of tasks.
- Gracefully say "no" to taking on more obligations.

If family changes are a stressor:

 Get the support you need. Talking with a doctor or counselor can help you deal with change better. *No Food Truck
Week of
December 9

Red Cross will
be onsite
Thursday,
January 23.
Please consider
donating and
volunteering.

Steps Life was the Art and the Control of the Contr

Here are some general tips to help manage stress any time of year:

- Set priorities focus on what's most important.
- Identify tasks you can delegate or share, then ask for help.
- Get organized. Disorder can make things confusing, overwhelming, and hard to remember.
- Listen to music. Choose tunes to relax or revive you.
- · Talk to a counselor or a friend.
- Make some time for yoga, meditation, or deep breathing.
- Get regular exercise. Find something that you like to do that you can work into your schedule, even if only for a few minutes.

Chili Cook Off Results!



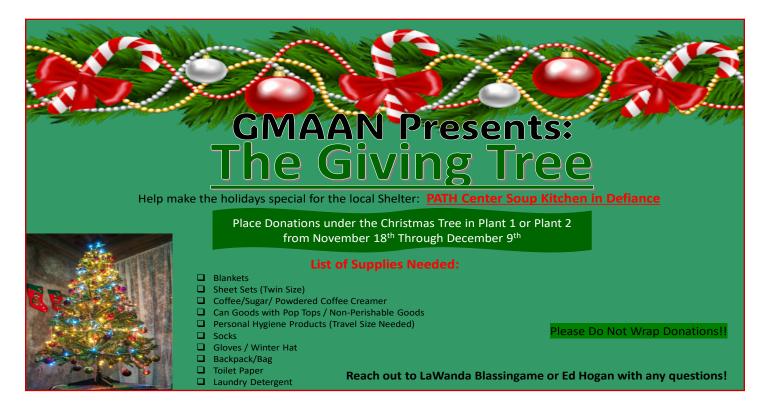
Day Shift – MERTT

2nd Shift – Brent Leady

3rd Shift – Joe Profera

Raised \$575 for "Feeding Success"

Congratulations to our Chili Cook Off Winners!
We raised \$575 towards an amazing cause!
All of our participants did an amazing job, and
we appreciate your contributions!
Thank you to everyone who participated!



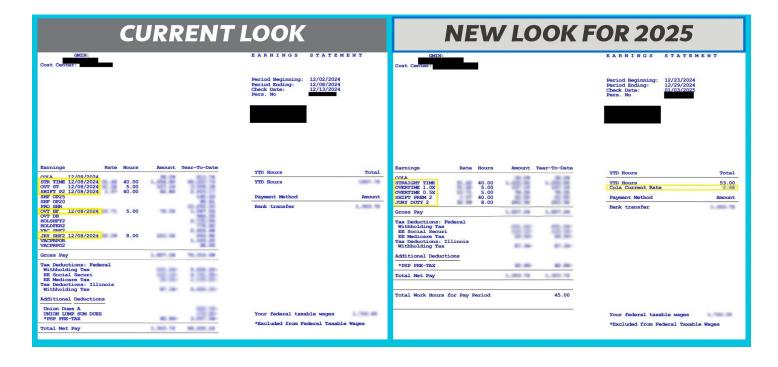
New look coming to your hourly payslip!

Beginning January 3rd, you will see updates coming to your payslip, making it easier to understand. What is changing?

- Time wage type descriptions will be updated so they are easier to understand.
- Cola rate will be visible on the right-side panel of the payslip.
- Historical corrections can be found at the bottom of the payslip.

Need more information?

- List of wage types with new and old naming descriptions can be found here: https://bit.ly/4gmrb2J
- Need more help?
 - Contact PeopleServices at 1.800.584.2000 or qmnapeopleservices.qm.com





DECEMBER MEETING TRAINING

When:

December 13th, 2024

Where:

PERT Training Lab Room 135

Time:

1st Shift 0630 -1500

Safety Shoe End-of-the Year Notice

- If you want to use up last year's voucher money, your order must be placed by Noon on Friday, December 13.
- All information must be included on the order form or shoes will not be ordered.
- All fields on the order form must be filled out or the shoes will not get ordered.
- Must include GMIN
- Must include name of Group Leader
- Must include STYLE, SIZE, WIDTH, and PRICE
- Must include AMOUNT of voucher money you have available
- The Saf-Gard shoe truck will be here on Dec. 11.
 If you have any questions please let me know

Alexandria English

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Shoe Mobile Schedule 2024

December 11th

Saf-Gard

6 a.m.-10:30 a.m., 11:30-4 p.m.

Reminder: The Shoe Truck will be closed for lunch from 10:30 - 11:30 a.m.

A limited number of boots are available in the GSC office in the crib for emergencies.

In addition, employees may:

- 1. Obtain a shoe authorization form from me or Brian Kempe and take it to a Red Wing or Saf-Gard store,
- 2. Order from the catalogs in the crib office, the online website
- 3. Contact Alexandria English for any special needs.

DEFIANCE UNIFORM REP NEW PHONE NUMBER

Rich Becker (419)-389-7409

*Text or Call Rich directly with any issues.







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