



October 24, 2024

POWERNEWS

Defiance Mission Statement...

"ONE TEAM - INNOVATING THE FUTURE"

On this day in history (October 24)....

1836 Earliest American patent for a phosphorus friction match by Alonzo Dwight Phillips of Springfield, Massachusetts

1861 First US transcontinental telegram is sent (from San Francisco to Washington, D.C.)

1861 West Virginia secedes from Virginia

1881 Levi P Morton, US ambassador to France drives first rivet in Statue of Liberty

1901 First woman to go over Niagara Falls in a barrel (Anna Taylor)

1908 Billy Murray hits the charts with "Take Me Out to the Ball Game"

1911 Orville Wright remains in the air for 9 minutes and 45 seconds in a glider at Kill Devil Hills, North Carolina, setting a new world record that stands for 10 years

1926 Harry Houdini's last performance, at the Garrick Theatre in Detroit, Michigan

1929 "Black Thursday", start of stock market crash of 1929, Dow Jones Industrial Average drops 12.8%

1931 Gangster Al Capone is sentenced to 11 years for tax evasion

1931 George Washington Bridge linking New York City and New Jersey dedicated, opens the next day

1938 US forbids child labor in factories

1939 Nylon stockings go on sale for first time (Wilmington, Delaware)

1940 US Fair Labor Standards of 1938 comes into effect - minimum wage, 44 hr week

1945 Charter of United Nations comes into effect

1946 A camera on board the V-2 No. 13 rocket, launched from Whites Sands US, takes the first photograph of earth from outer space.

1947 Series of forest fires burn over \$30 million of timber across the New England States

1948 Bernard Baruch introduces the term "Cold War"

1949 Construction begins on the United Nations headquarters in New York

1951 United Nations publishes its first postage stamps

1954 Dwight D. Eisenhower pledges United States' support to South Vietnam

1956 Margaret Towner becomes first woman to be ordained into the Presbyterian Church in the

United States of America (PCUSA)

1962 "The Manchurian Candidate", directed by John Frankenheimer, starring Frank Sinatra and Laurence Harvey, is released

1962 Cuban Missile Crisis: Soviet ships approach but stop short of the US blockade of Cuba

1963 Dutch KRO-TV shows first episode of American western series "Bonanza"

1971 Texas Stadium opens-Cowboys beat Patriots 44-21

1973 Heavy fog causes 65 car collision killing 9 on New Jersey Turnpike

1979 Guinness Book of Records presents Paul McCartney with a rhodium disc as all-time best selling singer-songwriter

1980 John Lennon releases single "(Just Like) Starting Over" in UK

1982 Steffi Graf plays her 1st pro tennis match

2002 Police arrest spree killers John Allen Muhammad and Lee Boyd Malvo, ending the Beltway sniper attacks in the area around Washington, D.C.

2004 10 people including NASCAR driver Ricky Hendrick and 4 family members are killed in a plane crash near Martinsville Speedway in Virginia; plane owned by NASCAR team Hendrick Motorsports

2017 Albert Einstein's "Theory of Happiness", written as a note for a bellboy instead of a tip in Tokyo in 1922 sells for \$1.56 million *By On This Day in History*

ATTENTION:

Flu & COVID Vaccine program for this year -- Rite Aide filed for bankruptcy and will not be providing services. GM Health Services was working with vendors to provide this service but a contract could not be settled. Because of this, those that want the Flu and/or COVID vaccine(s) will need to see their primary care provider or local pharmacy.

Direct any questions to Kevin Jacobs in Medical.

Next Blood Drive is October 29, 2024



Contact Jeremiah Fleischman to sign up to volunteer to work the blood drive.
Plant 2 Metallurgy Lab
419.769.1859



Scan this QR code with your phone's camera and click the link that pops up

Blood Donors Needed

Come to give blood Oct. 1-31 and we'll say thanks with a \$10 Amazon.com Gift Card* by email. PLUS, automatically be entered for a chance to win one of three \$5,000 gift cards!



Spirit Wear Fridays – October

Wear the color **PINK**



Breast Cancer Awareness Month



October 4	October 11	October 18	October 25
-----------	------------	------------	------------

Snap a selfie with just you or with your friends wearing pink and supporting women's health and send it to Jeremiah Fleischman 419-769-1859

OCTOBER FOOD TRUCK SCHEDULE



WEDNESDAY

30

Seasoned MOBILE GRILL
530-730PM

THURSDAY

31

Seasoned MOBILE GRILL
(Day 4) 12-2
1030-1230PM



HALLOWEEN DRIVER SAFETY TIPS

- POPULAR TRICK-OR-TREATING HOURS ARE 5:30PM – 9:30PM. BE ESPECIALLY ALERT FOR KIDS DURING THOSE HOURS.
- ENTER AND EXIT DRIVEWAYS AND ALLEYS SLOWLY AND CAREFULLY.
- WATCH OUT FOR TRICK-OR-TREATERS. TAKE EXTRA TIME TO LOOK FOR KIDS AT INTERSECTIONS, ON MEDIANS AND CURBS.
- ELIMINATE DISTRACTIONS INSIDE THE VEHICLE AND CONCENTRATE ON THE ROAD AND SURROUNDINGS.

Safety Shoe End-of-the Year Notice

- If you want to use up last year's voucher money, your order must be placed by Noon on Friday, December 13.
- All information must be included on the order form or shoes will not be ordered.
- All fields on the order form must be filled out or the shoes will not get ordered.
- Must include GMIN
- Must include name of Group Leader
- Must include STYLE, SIZE, WIDTH, and PRICE
- Must include AMOUNT of voucher money you have available
- The Saf-Gard shoe truck will be here on Dec. 11.

If you have any questions – please let me know

Alexandria English

Executive Assistant to Derrick Parson

General Motors Defiance

alexandria.english@gm.com

o - 419.784.7271 m – 419.770.944

Shoe Mobile Schedule 2024

Saf-Gard

6 a.m.-10:30 a.m.,

11:30-4 p.m.

November 7th

December 11th

Reminder:

The Shoe Truck will be closed for lunch from 10:30 - 11:30 a.m.

A limited number of boots are available in the GSC office in the crib for emergencies.

In addition, employees may:

1. Obtain a shoe authorization form from me or Brian Kempe and take it to a Red Wing or Saf-Gard store,
2. Order from the catalogs in the crib office, the online website
3. Contact Alexandria English for any special needs.

Interested in passing out candy during the Halloween parade? The Defiance Halloween parade will be on **SAT 10/26** this year!

CONTACT:
alexandria.english@gm.com

NOVEMBER 20, 2024

CHILI

COOK-OFF

BRING THE HEAT!

PLANT 2 OPS AREA

TROPHIES FOR FIRST PLACE WINNERS!!

10AM-12PM
6PM-8PM
(11/21 - DAY 4)
12AM-2AM

 **SAMPLES OF EACH CHILI**

\$5  **BOWL OF FAVORITE**

 **ONE VOTE**

\$1  **ADDITIONAL VOTE**

We need a minimum of 3 per shift or the event will be canceled so please sign up today!

SKIN HEALTH



Skin gets thinner and drier as we age due to collagen loss, moisture loss, and sun damage. We can not stop aging, but there are ways that we can reduce some of the impacts.

Skincare Routine Essentials

Wash your face before bed

Apply a moisturizer

Use non-comedogenic products

Wear sunscreen



2024
our 37th year

Coats for Christmas

...Keep Someone Warm

Give A Coat

COLLECTION: October 11 to November 8

TAKE YOUR GOOD USED COATS TO THE FOLLOWING LOCATIONS

Chief Supermarket • GM Powertrain • Pack & Post • Holy Cross School
Mercury Cleaners • Northtown Mall • St. John Lutheran School
Zion Lutheran Church of Christ • St. Paul United Methodist Church
St. John United Church of Christ • St. Mary's Catholic Church
St. John Evangelist Catholic Church • St. Paul Lutheran Church
King's Cross Church • Family Christian Center

Look for the barrel in front of First Presbyterian Church 501 Washington Ave.

WINTER COATS ONLY (Children's Coats Especially)

Get A Coat

DISTRIBUTION: November 16 & 17

THOSE IN NEED OF A COAT MAY GET ONE FREE OF CHARGE ON

Saturday, November 16: 9 a.m. – 7 p.m.

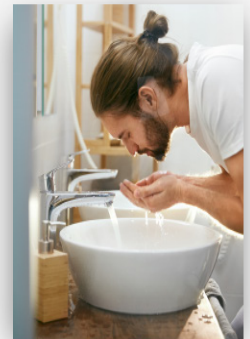
Sunday, November 17: Noon – 3 p.m.

@ First Presbyterian Church 501 Washington Ave.



Actions for Healthy Skin

- Support aging skin with a moisturizing cleanser to relieve dry skin.
- Use a soft cloth to wash your skin.
- Use a gentle, fragrance-free, hydrating cleanser.
- Apply a gentle, fragrance-free moisturizer all over your body right after bathing, while your skin is still damp.
- Use a humidifier when the air feels dry.
- Seek shade when outdoors, especially between 10:00 a.m. and 2:00 p.m.



Quick Tip

Schedule a regular skin exam with your primary care physician or dermatologist to discuss any suspicious changes to the skin.





Veterans Day Lunch

GM Defiance would like to thank Our Veterans by providing them lunch

Please make your immediate Supervisor aware of your **branch of service by Friday November 1st**

La Michoacana will be on site on the days below.
You will have your choice of 2 tacos (any meat) with beans and rice

Nov 6
Day 3
10am-1pm

Nov 6
Day 3
5:30pm-8pm

Nov 7
Day 4
12am-2am

ATTENTION ALL VETERANS

We will be honoring our active hourly and salary veterans by publishing their names in the PowerNews on Thursday, November 7. Use this form or email the below information to tonya.huss@gm.com. If using this form, it can be submitted to any suggestion box in the plant or dropped off at my office. The deadline to submit your information is Monday, November 4.

- 1) Veteran's Name _____
- 2) Branch of Military _____
- 3) Service Years (EX: 1965-1968) _____



GM Defiance Veteran's Wall Refresh



We need your help as GM Defiance gives our Veteran's Wall a make over!
 Please join us in submitting your **Veteran Nominee** and sharing photos of them in service
(It can be yourself, or a family member you are proud of)

Click the link below or scan the QR code to submit your Veteran



[Veteran's Recognition Form Link](#)

Due to IT security, the form must be filled out on a GMONline Computer or GMONline Phone
 Computers are available in the UAW Team Center

Please reach out to Tonya Huss, Mary Boyd, Steve Rieger or Dave Argumedo for any questions



HEALTHY LONGEVITY



E	E	T	H	P	E	C	O	E	S	S	S	E	F
M	N	I	Y	Y	C	S	B	G	L	E	E	T	L
E	E	H	D	T	N	A	G	I	N	G	S	N	E
S	C	T	R	I	E	E	D	E	N	I	I	O	X
S	N	G	A	N	I	H	N	L	L	M	C	R	I
E	A	N	T	U	L	I	L	I	C	I	R	S	B
N	L	E	I	M	I	G	R	S	L	E	E	P	I
L	A	R	O	M	S	I	S	E	S	S	X	S	L
L	B	T	N	I	E	T	I	I	E	A	E	T	I
E	N	S	I	I	R	C	L	T	E	A	T	A	T
W	N	U	T	R	I	T	I	O	N	E	E	A	Y
L	S	E	W	Y	T	I	V	E	G	N	O	L	E
R	I	P	T	C	O	G	N	I	T	I	O	N	P
C	T	E	I	T	U	T	T	N	E	N	C	E	M

- NUTRITION
- IMMUNITY
- BALANCE
- FLEXIBILITY
- WELLNESS
- EXERCISE
- HYDRATION
- AGING
- SLEEP
- LONGEVITY
- RESILIENCE
- COGNITION
- STRENGTH

HONORING ALL WHO SERVED

The Local 211 UAW Veteran's Committee is hosting a

Veterans Breakfast

For all Local 211 Active & Retired UAW Members

Come Join us
 Monday, November 11th
 8:00am to 11:00am

at the 211 UAW Hall
 Located at 2120 Baltimore St.
 Defiance, OH

Tonya Huss
 UAW Communication
 Coordinator
tonya.huss@gm.com

Kevin Nadrowski
 Communication
 Manager
kevin.1.nadrowski@gm.com