

DEFIANCE, OHIO



January 11, 2024

# POWERNEWS

Defiance Mission Statement...


**"ONE TEAM - INNOVATING THE FUTURE"**

**On this day in history (January 11)....**

- 1759 1st American life insurance company incorporated, Philadelphia
- 1787 Titania and Oberon, moons of Uranus, discovered by William Herschel
- 1794 U.S. Marshal Robert Forsyth is killed in Augusta, Georgia, trying to serve court papers, first US marshal to die carrying out his duties
- 1838 First public demonstration of telegraph messages sent using dots and dashes at Speedwell Ironworks in Morristown, New Jersey by Samuel Morse and Alfred Vail
- 1873 1st livestock market newspaper published, Drover's Journal, Chicago
- 1897 M H Cannon becomes 1st woman state senator in US (Utah)
- 1913 1st sedan-type car (Hudson) goes on display at 13th Auto Show (NYC)
- 1915 Jacob Ruppert and Colonel Tillinghast Huston purchase the New York Yankees for \$460,000, Ruppert pays his portion in cash
- 1922 Insulin first used on humans to treat diabetes, when Frederick Banting injects fellow Canadian Leonard Thompson, aged 14
- 1935 Amelia Earhart flies from Honolulu to Oakland, California (non-stop, of course)
- 1938 Frances Moulton elected 1st woman president of a US national bank
- 1949 Snowfall 1st recorded in Los Angeles
- 1953 J. Edgar Hoover declines 6 figure offer to become president of International Boxing Club
- 1954 2 ton locomotive swept into ravine by avalanche 10 die (Austria)
- 1963 SF Warriors center Wilt Chamberlain scores 67 points in 134-129 defeat to LA Lakers at Cow Palace
- 1964 First government report by US Surgeon General Luther Terry warning that smoking may be hazardous
- 1967 San Diego is granted an NBA franchise to be called the Rockets; franchise moves to Houston for the 1971-72 season
- 1976 Dorothy Hamill wins her 3rd consecutive national figure skating championship
- 1990 Bob Knight becomes college basketball's Big 10 winningest coach with his 229th victory
- 1971 "All in the Family" premieres on CBS featuring 1st toilet flush on TV
- 1992 Highest scoring NCAA basketball game; Troy

- State Trojans defeat DeVry Hoyas 258-149 in Troy, Alabama
- 1993 NHL great Mario Lemieux announces that he has been diagnosed with Hodgkin's lymphoma
- 1995 Murder trial against O.J. Simpson, begins in LA
- 1998 Nineteen European nations agree to forbid human cloning.
- 2013 "Mile High Miracle", In AFC Divisional Playoff Game Denver Broncos ahead of Baltimore Ravens 35-28 with 1:09 remaining, quarterback Joe Flacco heaves 70 yard touchdown pass to receiver Jacoby Jones to tie the game. Ravens win in overtime. *By On This Day in History*

When there is snow and ice around...  
Walk Like a Penguin



Shoes should have slip-resistant tread

Walk sloooooowlyyyyyyyyyyy

Walk with your arms out to the side, not in your pockets

Take small shuffle-like steps with your feet pointing out a little

Pay extra attention when you change surfaces

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# SIGN UP TODAY!

## SOUP-ER BOWL CHALLENGE!

Bring your best soup and compete to see who is the shift Soup-er Bowl Champion! Sample Cups, Bowls, and Spoons Provided!



Samples  
1 Vote  
Bowl



Extra Vote  
Ticket

*All funds will be donated to local dinner donations! (RMH & Path Center)*

### 2024

JANUARY (23)							FEBRUARY (21)							MARCH (21)							APRIL (22)						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	4	5	6	7	8	9	10	3	4	5	6	7	8	9	7	8	9	10	11	12	13
7	8	9	10	11	12	13	11	12	13	14	15	16	17	10	11	12	13	14	15	16	14	15	16	17	18	19	20
14	15	16	17	18	19	20	18	19	20	21	22	23	24	17	18	19	20	21	22	23	21	22	23	24	25	26	27
21	22	23	24	25	26	27	25	26	27	28	29			24	25	26	27	28	29	30	28	29	30				
28	29	30	31											31													
MAY (23)							JUNE (20)							JULY (23)							AUGUST (22)						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1		1	2	3	4	5	6					1	2	3	
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
							30																				
SEPTEMBER (21)							OCTOBER (23)							NOVEMBER (21)							DECEMBER (22)						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4	5					1	2	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

★ Quality STAR Meetings will be presented at the TL/GL Meetings on the 2nd Tuesday of the month at 5:30am, 10:45am & 3:30pm.

**TEAM LEADERS NEED TO ATTEND**

- Team Members are welcome to attend if available



GM LATINO NETWORK

# GM Latino Network-GMLN Defiance Chapter



## Goals

- Increase brand recognition in our community
  - STEM outreach activities (Local schools)
- **Allyship/Community Building (internal & external to GM)**
  - Work with other ERGs/organizations to promote diversity in and outside of GM.
    - Examples:
      - Visit Assembly Plants
      - Invite GMLN chapters to tour our facility
    - Support community activities that may request volunteers
- Improve employee engagement/retention

## Who

- Anyone (Hourly or Salary) with an interest

## ERG Requirements

- Must have a minimum of **5** Members
- Establish a Defiance Board of **3** office positions
  - Minimum of: Chapter President, Vice President & Treasurer/Culture Lead/Talent Lead

**Interested in participating?  
Or even hold a seat on the board?  
Please contact:  
Dave.Argumedo@gm.com  
or text (636) 649-0416**



## JANUARY MEETING

### Rescue Training

**When:**

January 25th, 2024

**Where:**

Training Center Room 135

**Time:**

3<sup>rd</sup> Shift 0400 – 0630

1<sup>st</sup> Shift 1200 – 1430

2<sup>nd</sup> Shift 1500 – 1730



## SKILLED TRADES REFERRALS NEEDED

As production increases and General Motors changes the future of mobility, the need for skilled trades professionals is at an all-time high.

Scan this code to share with friends and family to refer them to our open roles!



## LOCKOUT REVIEW REMINDERS:

- The current lockout audit form is 2 pages. Be sure to scan both sides before sending.
- Copy (tonya.huss@gm.com) on all lockout emails.
- Add **TEAM MEMBER'S GMIN** and the date on the Lockout Review Sheets.
- Deadline for 1st Quarter lockout audit is March 31.






Email or text your Flannel Friday Pics to  
 Jeremiah.Fleischman@gm.com 419-769-1859  
 Tim.Hauenstein@gm.com 419-769-1795  
 Brandy.Thompson@gm.com 419-769-2175

Jan 5	Jan 12	Jan 19	Jan 26
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January

# FOOD TRUCK SCHEDULE



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1	2	3	4	5	6/7
8	9	10	11 Just'In Time Catering (Innovation Café) (Day4) 12-2a 10-1p 530-8p	12	13/14
15	16	17 Loaded Gastro Onsite 10-1pm 530-8pm	18 Loaded Gastro Onsite (DAY4) 12-2AM	19	20/21
22	23 Fully Loaded Onsite (Day2) 12-2a 10-1p 530-8p	24	25	26	27/28
29	30 Brother Taco Onsite (Innovation Café) (Day2) 12-2a 10-1p 530-8p	31			

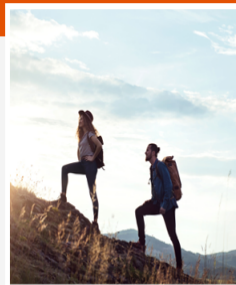


## Small Steps Towards Big Wins

Use SMART goals to achieve your big wins.

Ask yourself the following questions when setting your goals:

- What is the reason I want to achieve this goal?
- Who or what can hold me accountable?
- What are the barriers to achieving my goal?
- How might I overcome these barriers?
- Is my goal realistic?



Your goals should be: **S**pecific  
**M**easurable  
**A**ction-oriented  
**R**ealistic  
**T**ime-bound



## Healthy Habits for a Longer Life



Need some inspiration? Here are seven healthy habits that have been linked to a longer life.

- Stay physically active
- Don't smoke
- Moderate your alcohol intake
- Eat more nuts
- Include a variety of plant-based foods in your diet
- Prioritize your happiness
- Develop a good sleeping pattern

### 3 CAUSES OF ACCIDENTS!

- I DIDN'T SEE!
- I DIDN'T KNOW!
- I DIDN'T THINK!

BE ALERT! DON'T GET HURT!

## TONYA HUSS

### UAW COMMUNICATION COORDINATOR

tonya.huss@gm.com

## KEVIN NADROWSKI

### COMMUNICATION MANAGER

kevin.1.nadrowski@gm.com