

On this day in history (October 26)....

1492 Lead (graphite) pencils first used

1774 Minutemen organized in US colonies

1825 Erie Canal between Hudson River & Lake Erie opens

1861 Pony Express (Missouri to California) ends after 19 months

1863 International conference begins in Geneva aimed at improving medical conditions on battlefields - beginning of the Red Cross

1869 1st American steeplechase horserace at Westchester, NY

1881 Gunfight at the OK Corral: The most famous shootout in the Wild West occurs, between lawmen (including Wyatt Earp) and the Cowboys, with Tom and Frank McLaury and Billy Clanton killed

1901 First recorded use of "getaway car" occurs after holding up a shop in Paris

1918 Cecil Chubb gives prehistoric monument Stonehenge to the British nation

1918 Germany's supreme commander General Eric Ludendorff resigns, protesting the terms to which the German Government has agreed in negotiating an armistice

1919 US President Woodrow Wilson's veto of Prohibition Enforcement Bill is overridden

1949 US President Harry Truman increases minimum wage from 40 cents to 75 cents

1954 Chevrolet unveils V-8 engine

1958 PanAm flies first transatlantic jet from New York to Paris

1961 First test flight of Saturn launch vehicle

1962 JFK warns Russia that the USA will not allow Soviet missiles to remain in Cuba

1962 Nikita Khrushchev sends note to JFK offering to withdraw his missiles from Cuba if US closes its bases in Turkey: offer is rejected

1965 Queen Elizabeth decorates The Beatles with medals making them members Order of the British Empire (MBE) at Buckingham Palace

1970 "Doonesbury" comic strip debuts in 28 newspapers

1972 Edwin Land introduces the first truly instant camera the Polaroid SX-70 camera at an event in Miami, Florida

1972 Guided tours of the former prison at Alcatraz

by the National Park Service begin

1973 President Nixon releases first White House tapes on Watergate scandal

1977 Last natural case of smallpox discovered in Merca district, Somalia. Considered the anniversary of the eradication of smallpox, the most spectacular success of vaccination

1981 British rock band Queen and David Bowie release their serendipitous collaborative single "Under Pressure"

1984 "The Terminator" directed by James Cameron, starring Arnold Schwarzenegger and Linda Hamilton is released in the US

1984 Stephanie Fae Beauclair ("Baby Fae") gets baboon heart transplant, lives 21 days

1988 US-Soviet effort to free 2 grey whales from frozen Arctic, Barrow, AK

1993 NFL announces new expansion team, Carolina Panthers in Charlotte

2015 "Spectre", 24th James Bond film, directed by Sam Mendes and starring Daniel Craig premieres in London

2015 World Health Organization classifies processed meat as carcinogenic

By On This Day in History

EdAssist In Regard to the TAP System

The TAP system is having some updates on 10/28/2023 and will be down all day for 24 hours. This means that on that day employees won't be able to log into their accounts and there won't be the ability to create new applications.

A Favor To Ask, It Only Takes A Minute...



Please tell ten friends to tell ten today! The Breast Cancer site is having trouble getting enough people to click on their site daily to meet

their quota of donating at least one free mammogram a day to an underprivileged woman. It takes less than a minute to go to their site and click on "donating a mammogram" for free (pink window in the middle). This doesn't cost you a thing. Their corporate sponsors/advertisers use the number of daily visits to donate mammogram in exchange for advertising. Here's the web site! Pass it along to people you know.

http://www.thebreastcancersite.com/



OCTOBER MEETING SKILL CHECKS, AMBULANCE CHECKS

<u>When:</u>

October 26th 2023

Where:

Training Center Rooms 135

Time:

3rd Shift 04:00 - 06:30

1st Shift 12:00 - 14:30

2nd Shift 15:00 - 17:30

CANCER SCREENING GUIDELINES

Talk to your doctor about which tests you might need and the screening schedule that is right for you.



Breast Cancer

- Screening mammograms are currently recommended for women every other year between ages 50-74.
- Women may choose to begin biennial screening between ages 40-49 after consulting with their healthcare provider.



Lung Cancer

- Annual screenings are recommended for individuals aged 50-80 who:
 - Currently smoke
 - Have quit within the past 15 years OR
 - Have a 20 pack-year smoking history.



Cervical Cancer

 Screening is recommended every 3-5 years for women aged 21-65 depending on age and the type of test used. Shoe Mobile Schedule

The Shoe Truck will be closed for lunch from 10:30 - 11:30 a.m.

Red Wing	Saf-Gard
6 a.m10:30 a.m., 11:30-4 p.m.	6 a.m10:30 a.m., 11:30-4 p.m.
	Nov. 16
	Dec 21

A limited number of boots are available in the GSC office in the crib for emergencies. In addition, employees may: 1) obtain a shoe authorization form from Alex English or Brian Kemp and take it to a Red Wing or Saf-Gard store, 2) place an order in the crib office, or 3) contact me for any special needs

Colorectal Cancer

- Screenings are recommended for everyone beginning at age 45.
- Screening methods can range from annual stoolbased tests to a colonoscopy every 10 years.

Skin Cancer

 Schedule a regular skin exam with your primary care physician or dermatologist to discuss any suspicious changes to the skin.

The ABCDE rule of skin cancer detection is a guide

- to determine the usual signs of melanoma:
- Asymmetry
- Borders that are irregular
- Color that is uneven
- Diameter that changed in size
- Moles have shown signs of Evolving

Quick Tip

Regularly following cancer screening recommendations can be crucial as these tests help detect cancer in individuals without symptoms, providing the opportunity to identify cancer in its early and localized stages.



THE DEFIANCE TEAM WILL BE PASSING OUT CANDY DURING THE HALLOWEEN PARADE. PLEASE JOIN US. EVERYONE IS WELCOME. MEET AT 5:30 PM AT VETERAN MEMORIAL PARK THIS SATURDAY, OCTOBER 28.





an the QR Code to get starte n the LifeSteps Portal today!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
					1
2	3	4 Chili Cook Off	5	6	7/8
9	10	11	12 Fully Loaded Onsite! (Canceled)	13	14/15
16	17	18 Loaded Gastro Onsite! 10AM-1PM 530PM-8PM	19 Loaded Gastro Onsite! (DAY 4) 12AM-2AM	20	21/22
23	24	25	26	27 World Famous Tornado Potato Onsite! (Day 5) 12AM-2AM 10AM-1PM 530PM-8PM	28/29
30	31				



Q3 2023 North America Results

A strong product portfolio and balanced inventory strategy supported market share growth and total sales leadership over our top competitors. Q3 key financial wins

• The U.S. gained 0.7 ppt market share increasing total market share by 0.4 ppt

• GM Envolve achieved the best Commercial Fleet sales since 2006 and continues to be #1 in total fleet sales

• In the U.S. EV market, total sales were up nearly 33% year over year

• GMNA CCA had the best Q3 in history on all three fronts - revenue, variable profit and EBIT

For full details check out the Socrates story @:https://bit.ly/3Mfh1nJ

Access Workday

In order to access Workday, use Socrates, certain payroll information and more, you must have two-factor authentication and your GM credentials set up! Here's how:

1. From your home computer, work computer or a mobile device, go to GMID.GM. COM. This is an IT self-help site, which means under the Account Maintenance section, click Account Remediation for Team Members and enter your GMIN, then click Submit. Detailed instructions will open up depending on the action that you need to take, i.e. 2-Step Verification Instructions or GMID password reset or disabled account instructions.

2. Follow the prompts to set up your account or rectify your account issue.

3. If you need to know your GMID, at GMID.GM.COM under the "Forgot your GMID?" section, click GM Employees and follow the prompts.

NOTE: If you receive a message stating "The GMIN you entered has not been setup for the Account

Remediation process," you most likely already have an account in good standing. If you are still having authentication issues, please visit the Password Reset and Account Recovery link at GMID.GM. COM.

If you have followed the above instructions but setup was unsuccessful, please have your manager submit an IT Store Request.

Register for the Defiance Facebook Group

- Private Facebook group for current hourly, salaried and contract employees.
- Employees can join to receive important business updates, the latest COVID-19 safety protocols and additional plant information.

 When registering, you must request access using your own personal Facebook account and you will be prompted to enter your GMIN and answer additional questions for identification purposes.

GENERAL MOTORS

DEFIANCE OPERATIONS

This is a private group and only current Defiance employees will be permitted to join.

To sign up visit: www.facebook.com/groups/GMDefianceTeam/



All year this year Defiance has been celebrating their 200th birthday, while the Turkey Trot is only 26 years old the Defiance Lions Club has been a member of the community for over 80 years. Celeberate Thanksgiving, the 26th annual Turkey Trot and Defiance's 200th Birth-

day all in the same day. Shirts and awards will be bicentennial themed for this year.

Event: 26th Annual Turkey Trot - Fun Walk Keep the Defiance, Ohio Thanksgiving tradition alive and join in on the fun walk on Thanksgiving morning! T-Shirts for all pre-registered participants. Registration closes November 19th at 11:59 pm! Event Date: Thursday November 23, 2023 Start Time: 8:30am EST End Time: 10:00am EST Price: \$25.00 Race Fee + \$3.00 SignUp Fee Registration: Price increases to \$30.00 after November 10, 2023 at 11:59pm EST

Event: 26th Annual Turkey Trot - 4 Mile Run Keep the Defiance, Ohio Thanksgiving tradition alive and run 4 miles on Thanksgiving morning! T-Shirts for all pre-registered participants. Registration closes November 19th at 11:59 pm! Event Date: Thursday November 23, 2023 Start Time: 8:30am EST End Time: 10:00am EST Price: \$30.00 Race Fee + \$3.30 SignUp Fee Registration: Price increases to \$35.00 after November 10, 2023 at 11:59pm EST

FITNESS CENTER REPAIR!

October 13

Snap a selfie with just you or with your friends wearing pink and supporting women's health and send it to Jeremiah Fleischman 419-769-1859

October 20

October 27

Spirit Wear Fridays – October Wear the color PINK

> Breast Cancer Awareness Month

October 6

See a machine in need of repair? Please scan the QR code outside of the "IN" door -> Rate it a 1 with a description of what needs repaired!



