



POWERNEWS

WE WILL MANUFACTURE BENCHMARK CASTINGS WITH PRIDE, LETTING SAFETY, QUALITY, COST AND ON TIME DELIVERY TO OUR CUSTOMERS BE OUR GUIDE.

On This Day in History (March 30)...

1822 Congress combines East & West Florida into Florida Territory

1842 Ether used as an anaesthetic for 1st time by Dr Crawford Long (Georgia)

1858 Pencil with attached eraser patented (Hyman L Lipman of Philadelphia)

1867 Alaska Purchase: US buys Alaska from Russia for \$7,200,000 (\$109 million in 2018), roughly 2 cents an acre

1870 15th Amendment to the US constitution is adopted, guarantees right to vote regardless of race

1870 Florida territorial government established

1870 Texas becomes last confederate state readmitted to Union

1909 New York's Queensboro Bridge opens, linking Manhattan & Queens

1910 Mississippi Legislature founded The University of Southern Mississippi

1940 2nd NCAA Men's Basketball Championship: Indiana beats Kansas, 60-42; Hoosiers' forward Marvin Huffman is named tournament Most Outstanding Player

1970 American television soap opera "Another World in Somerset" premieres on NBC, runs until 1976

1981 US President Ronald Reagan is shot and wounded in an assassination attempt by John Hinckley, three others are also wounded

1984 World's most valuable tip - New York police detective Robert Cunningham offers waitress Phyllis Penzo half of \$1 lottery ticket, next day they win \$6 million

2001 At 15 years, 9 months American swimmer Michael Phelps breaks 200m butterfly world record at the US World Championship trials at Austin, Texas; becomes youngest male to set a world mark

2012 American Mega Millions lottery hits a world record lottery amount of 640 million dollars

2012 Mastercard and Visa announce a massive breach in security with over ten million compromised credit card numbers

2022 Bruce Willis announces he is stepping away from acting after a diagnosis of aphasia onthisdayinhistory.com

The Red Cross will be in our plant on Wednesday, June 21, 2023 for a blood drive. Details coming soon!

GET WISE 2023

"Get WISE" (Get Women In Science and Engineering) Program

"RISE ABOVE IT"

May 11th, 2023 at 10 AM - 2 PM

Applications will be available for pick-up/return Friday March 17, 2023 at the following locations:

1st Shift

Plant 1 - Tonya Huss - Training Center
Maintenance Building - Regina Dix
Plant 2 - Mary Boyd - Quality Manager &
Joanne Tuttobene - Quality

2nd Shift

Plant 1 - Brent Leady - Pre-Machine
Plant 2 - Ashley Snyder

3rd Shift

Plant 2 - Randy Miller - Shift Lead
Maintenance Building - 3rd Shift Clerk

We have 50 openings reserved for daughters and granddaughters of plant employees who are 5th - 8th graders. Openings will be filled on a first-come, first-served basis

*The GET WISE team could use your help! Bring in your full size, empty Pringles cans for a fun project for the girls.

***Drop off cans to:**

Plant 1 - Tonya Huss

Maintenance

Building - Regina Dix

Plant 2 - Joanne Tuttobene

& Mary Boyd

Be sure to eat lots of Pringles!





This year, the American Crossword Puzzle Week will be celebrated from March 31 to April 2. A crossword puzzle is a word game where we have to find words from the clues provided. Words are on a square or rectangular grid, and the resulting words or phrases have to make sense. Crossword puzzles are really old. They have been played competitively all over the world. American Crossword Puzzle is a tournament where people from all over the world come to compete for first place and be the national champion in crossword puzzles. Let us have some fun and be a part of this cool competition.

HISTORY OF AMERICAN CROSSWORD PUZZLES WEEK

We have been playing with words for a few thousand years. Understanding words requires some brain function. We may not realize it in our day-to-day lives since words and languages are a huge part of our modern lives. The history of language is very old. But the English language is relatively new. English evolved from the European languages around the fifth century. It took inspiration from the plethora of languages available at the time and simplified them.

Crossword puzzles are easily one of the most popular word games in the world. It only took a few centuries from the development of the English language to form this new game. It was during the 19th Century that the first and primitive form of the crossword puzzle emerged in England. The simplicity and elegance of the game helped it gain popularity. The game was initially known as "Word-cross." The new name is a result of a typo error when it was first published in the New York World.

Arthur Wynne is usually credited with the discovery of the game. But the earliest form of the game did not have black squares. They were also played on a diamond-shaped grid. The game has received

massive popularity. The rules have small differences in both the U.S. and the U.K. The British puzzle is generally considered more difficult.

AMERICAN CROSSWORD PUZZLES WEEK FAQs

How do crossword puzzles work?

Crossword puzzles usually contain black or white shaded squares in a square or rectangle grid. The purpose of the game is to fill all the squares with letters forming words or phrases by solving the clues provided with the puzzle.

Which day of the week crossword is hardest? Saturdays offer the most difficult puzzles with the hardest clues.

What is the most popular crossword puzzle?

The "New York Times" crossword puzzle.

AMERICAN CROSSWORD PUZZLES WEEK ACTIVITIES

Solve crossword puzzles

Solving a crossword puzzle can help you concentrate more. Use a timer and create and find your personal best at solving crossword puzzles.

Create a crossword puzzle

Create the most challenging crossword puzzle. Try to include archaic words to make it challenging.

Organize a local crossword championship

Organize a local crossword championship in your locality or within your friend circle. Use the crossword puzzle you made in the championship.

5 FACTS ABOUT CROSSWORD PUZZLES

They are brain boosters

Crossword puzzles can help boost brain health.

The lonely publisher

The "New York World" is the only publication printing crossword puzzles between 1913 —1923.

The skilled crossword person

"Cruciverbalist" is the word for a person interested in or skilled in crosswords.

The diamond-shaped puzzle

The first crossword puzzle was diamond-shaped.

The longest puzzle

LlanfairpwllgwyngyllgogerychwyrndrobwlIlan-tysiliogogoch is the longest word in a puzzle.

WHY WE LOVE AMERICAN CROSSWORD PUZZLES WEEK

Crosswords are healthy

Crosswords are puzzles that require you to use your brain. It can excite our brains and can help boost brain health.

A good pastime

We all have those moments when we don't know what to do. Crosswords are great pastime puzzles to help us pass our time productively. By National Today

Safe Act Recognition Board

Here are some examples from the last 2 weeks of how the Defiance team practices safety...

Employees developed an excellent pre-task plan for working on the RTO over the weekend. The plan was well executed and followed through.

Truck drivers in the dock area placed a sign and barrier in front of a dock that was down for maintenance. This prevented drivers from backing in while work was being performed.

Pre-Machine employees had to replace a cylinder on a Comau machine. They realized that this was the same part that an employee was working on in St. Cathrine's when a fatality occurred. They ensured that they followed lockout procedures and had a pre-task plan to eliminate any hazards.

After working on a machine for a long period of time, the team stopped the job to acquire the correct tool for the job for the task they were about to perform, decreasing risk for injury.

An employee walked to the floor with his prescription glasses instead of his safety glasses by mistake. He was stopped soon after and reminded to put on his safety glasses.

An employee driving into work spotted a motorcycle in the ditch. She stopped and was able to call 911 to get assistance with the crash.



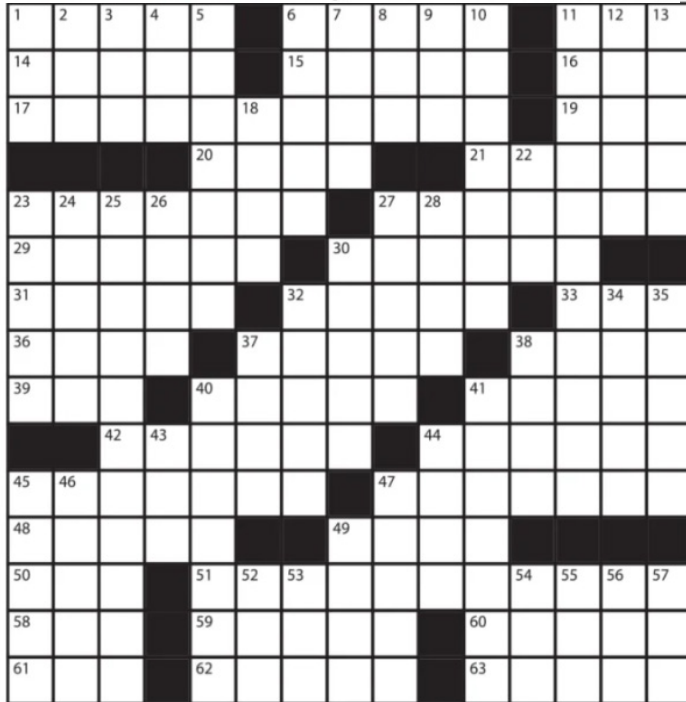
LOCKOUT REVIEW REMINDERS:

- Please copy (tonya.huss@gm.com) on all lockout emails to Brady Laudick.
- Add TEAM MEMBER'S GMIN and the date on the Lockout Review Sheets.
- 1st Quarter lockout audit deadline is tomorrow, Friday, March 31st.

Did You Know?

The latest *Global Call to Action* incident is located on your team board under Safety!

Crossword No. 682: Sorry, We're Closed by Matt Gaffney



ACROSS

- 1 "Isn't that so?"
- 6 Bend the rules and then some
- 11 Make illegal
- 14 ___ circle (trusted group)
- 15 Coach Ted played by Jason
- 16 Spooky sky sight
- 17 South American site that was closed to tourists last week due to political unrest in Peru
- 19 Aussie animal
- 20 Big truck name
- 21 Cuisine with crawfish
- 23 No. 1 Beatles hit of 1969
- 27 Liveliness
- 29 Murder on the ___ Express
- 30 Lose your nerve
- 31 Stadium features, sometimes
- 32 Dr. without an M.D. or Ph.D.
- 33 Snake, poetically
- 36 Paradise
- 37 World Heritage Site closed because of flash floods in December 2022; not too surprising, since it's located in an ancient valley of Jordan
- 38 "That's ___!"
- 39 ___ *Trois Mousquetaires* (Dumas novel)
- 40 Fishing store supply

DOWN

- 41 Strong string
- 42 Curling and cycling, e.g.
- 44 Like better
- 45 Bloody Maria booze
- 47 Goes up and down
- 48 Blow, like a volcano
- 49 Volunteer's phrase
- 50 De Armas of *Blonde*
- 51 Attraction suddenly closed for seven hours on May 20, 2019, when a man began climbing it—and succeeded
- 58 Space station until 2001
- 59 Batman's buddy
- 60 ___ Foundation (Chicago nonprofit)
- 61 "Understand?"
- 62 Big hotel room
- 63 "Well, obviously!"

- 18 Serious agreement
- 22 Circle section
- 23 ___ *Escher*, *Bach* (Douglas Hofstadter book)
- 24 Eat away
- 25 Manhattan area closed to the public for three hours on Nov. 12, 2000, so Tom Cruise could shoot a scene for *Vanilla Sky*
- 26 Has-___ (faded celeb)
- 27 Low blows
- 28 City with a famed tower
- 30 Celebrates
- 32 Perfect Sleeper maker
- 34 Muscle-bone connector
- 35 Jury members
- 37 Knitting stitch
- 38 Doesn't just impress
- 40 Hangs around
- 41 East Coast state capital
- 43 Young seal
- 44 Bell's sound
- 45 The NFL's 32
- 46 Bert's buddy
- 47 Part of a play
- 49 Sheryl Crow's "___ Makes You Happy"
- 52 All-vowel promise
- 53 Christopher Wray's org.
- 54 Letters in some classified ads
- 55 Roll of cash
- 56 Bird in burgers
- 57 Old-school cheer

Answers in next week's edition.

Food Safety



Bacteria in food can increase when not stored or prepared properly and may cause illness.



1. Wash your hands often throughout the day, especially before cooking. Use soap and water and wash for at least 20 seconds.

2. Store cooked food separate from raw food to prevent transfer of bacteria. Don't reuse plates or utensils that was used for raw food.



3. Don't reuse marinade that's already been used on raw food. If needed, keep a portion that's unused.

LifeSteps
BUILDING A HEALTHY LIFE
ONE STEP AT A TIME

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"This information does not provide medical advice, diagnosis or treatment. It should not be used as a substitute for health care from a licensed healthcare professional. Consult with your healthcare provider for individualized treatment or before beginning any new program."

4. Cook chicken to a minimum of 165°F, and hamburgers 160°F to kill off any bacteria that may be present. Make sure hamburgers are brown all the way through.



5. Store hot food at or above 140°F, and cold food at or below 40°F. Be sure to store within 2 hours of cooking.

Source: FDA, Barbecue Basics: Tips to Prevent Foodborne Illness
<https://www.fda.gov/consumers/consumer-updates/barbecue-basics-tips-prevent-foodborne-illness>
Accessed 01/18/2023
Photo source: Canva



Looking for more resources and information?

Visit lifesteps.com to get started!

The LifeSteps Wellness Program is offered to all GM U.S. hourly employees and their dependents age 18 and older. The Program is also available to all GM U.S. salaried employees, including their enrolled dependents age 18+ in the U.S. Salaried Medical Plan. GM contract workers are not eligible to participate in the LifeSteps Wellness Program.



April Safety Star Meeting



Wednesday, April 12
Plant 1 Training Center Room 110
**Meeting times are 4:30am,
1:00pm and 4:00pm**

**DEFIANCE UNIFORM REP
PHONE NUMBER**

Rich Becker
(419)-469-4439



***Text or Call Rich directly with any issues.**



Send photos of your American muscle cars to tonya.huss@gm.com. It will be shared in a future issue of the PowerNews.

GROUP LEADER SUGGESTION HELP VIDEO

Click the link below to watch a short video that covers what is required of a Supervisor/Group Leader during the initial review of a suggestion.

<https://link.gm.com/SuperDB>

Please contact me at tonya.huss@gm.com if you have any issues or questions about a suggestion you are evaluating, or need help approving electronic suggestions.

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